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Waltham Forest News

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www.walthamforest.gov.uk

Issue 75, 27 August 2012

Schools celebrate pass rate rises

Waltham Forest schools and students had much to celebrate as GCSE results were announced on Thursday 23 August.

Schools throughout the borough have been celebrating impressive GCSE results, including Buxton School in Leytonstone which achieved its best ever exam results, with a 12 per cent rise in pupils achieving five or more A* to C grades.

The school's top student gained a remarkable 15 GCSEs with 10 A* and five grade As. Former Head Boy, Ralph Kramer, told Waltham Forest News, "I am shocked, stunned and delighted with my grades. I can now take my place at City of Westminster College".

Executive Headteacher, Kath Wheeler, said, "We are delighted to be able to congratulate our students on such great results. This is just the beginning of what our young people can achieve and we wish them good luck for their future."

Down the road at Norlington School for Boys in Leyton Headteacher, John Hernandez. was similarly delighted with his pupils' 15 per cent jump in the pass rate of five or more A* to C grades including English and Maths.



Students celebrate at Frederick Bremer School

Member for Children and Young People, visited Norlington on the morning students opened their brown paper envelopes. "It was such a wonderful atmosphere in that school hall," she said.

"There was a real sense of community and togetherness among the students and staff and a shared sense of achievement. It's a school that

Councillor Clare Coghill, Cabinet has improved markedly since John has been at the helm and these results bear testament to their continued development."

> Elsewhere there were similar good news stories. George Mitchell School in Leyton and Connaught School for Girls in Levtonstone experienced pass rate hikes of 12 per cent and 11 per cent respectively. In the north of the borough Heathcote School,

Chingford also saw a 10 per cent iump in its pass rate making for the school's best results ever.

More info

For more information about schools and colleges in Waltham Forest visit www.walthamforest. gov.uk/education. Free internet access is available in all of the borough's libraries.



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News

In my opinion

Terry White

Resident, Walthamstow



Last year I applied to volunteer at the Olympic and Paralympic Games, and I was delighted when I was chosen as one of the 70,000 'Gamesmakers'.

Throughout the Olympic Games my Guide Dog Kent and I have been based at the Athletes Village and at the Excel Centre for the fencing events.

I used to fence when I was younger, so was chosen to help those athletes with everything from booking into training sessions to getting around the Olympic Park.

I am the only Guide Dog owner who volunteered at the Olympics and without Kent this would have been very difficult. He guided me to and from the venues every day and allowed me to meet a lot of athletes who came over to make a fuss of him.

Kent has loved the attention but it's also been hard work for him. He's not used to getting out of his bed at 5.45am!

I applied to volunteer because I've always been very interested in athletics and used to do it when I still had some sight. I would have loved to compete at the Games, but as I'm now totally blind it wasn't really an option.

Volunteering has been an amazing experience. I've met people from all over the world, including some countries I had never heard of. London has put on a wonderful spectacle and I've heard a lot of athletes and officials say that London 2012 was the best Olympic Games ever.

I was also lucky enough to be in the crowd at the Olympic Stadium on the day Mo Farah won his second gold for the 5,000 metres. Although I obviously couldn't see the race I got to feel the spirit, the atmosphere and the roar of the crowd. It was a wonderful experience and one I will remember forever

I am delighted that I am also going to volunteer for the Paralympic Games and will be working with the wheelchair fencing athletes. I feel really honoured to have been part of London 2012.

I think the Games have been a great thing for Waltham Forest, for London and the whole country. I hope the spirit

Want to have your say?

If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 300 words: Waltham Forest News wants to hear from you. Email the Editor at: walthamforestnews@walthamforest.gov.uk and tell us what you'd like to write about.



The moment of truth - Marina Ionita's face lights up as she realises she



Cllr Clare Coghill with Rhys Doe at Norlington School for Boys



Riddick Owusu learns he's a straight A student



Usaid Qasmi (in red) shares his results with friends

GCSE students celebrate

- Nerves, tension, tears and joy all the fun of exam results day!
- It's onwards and upwards for GCSE students in wake of results

Frederick Bremer School student Riddick Owusu, 16 from Walthamstow was just one of the star pupils celebrating his GCSE results on Thursday 23 August, Having scooped three GCSEs last year, he went onto pass another ten this year.

But if thirteen might be considered unlucky for some, it certainly wasn't for Riddick who achieved A* grades in nine subjects and A grades in four. With the letter A almost synonymous with Riddick, the call of A-levels was inevitable.

"I'm going to take Biology, Chemistry, Maths and Economics at A-level and then plan to study for a degree and possibly a Masters in medicine. "Ultimately I'd like to be a Consultant as I find medicine fascinating," he said.

Another Frederick Bremer School student, Marina Ionita, 16, from Walthamstow, was as relieved as she was delighted with her grades. "I was really scared this morning," she told Waltham Forest News. "I was shaking on the bus and just couldn't wait to find out my results."

Thankfully she scooped four As, three Bs and two Cs. "I got As in the subjects I needed to go on to do the A-levels I want to study, so I'm really pleased. Ultimately I'd like to be a journalist."

Rhys Doe, 16, from Leyton was one of the first boys at Norlington School for Boys to open his envelope. "I'm really happy. I got two A* grades to add to the one I got last year, four As and one B. I'm going to George Monoux College in Walthamstow to study for my A-levels now."

Usaid Qasmi, 16, from Walthamstow - also a

student at Norlington School for Boys - said, "I was really pleased I got what I needed to go on to study for my International Baccalaureate. I was a little disappointed to aet two Cs in English, but I got As in five other subjects and a B in P.E."

More info

For more information about schools and colleges in Waltham Forest visit www.walthamforest.gov. uk/education. Free internet access is available in all of the borough's libraries.

Waltham Forest News

Editor: Jenny England

Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email walthamforestnews @walthamforest.gov.uk or call 020 8496 3000

Advertising and promotional enquiries: Eva Jaber, 020 8496 3000 (press 6) advertisingwfn@walthamforest.gov.uk

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Waltham Forest News is published fortnightly by London Borough of Waltham Forest with a print run of 110,000 copies delivered to homes, organisations, businesses and bulk drops in the borough

The official independently audited free letterbox delivery of Waltham Forest News is 96,843, ABC Regional July 2011-Jan 2012



Get set for the Paralympic Games

- The London 2012 Paralympic Games begins on Wednesday 29 August
- The Paralympic Torch Relay also comes to Waltham Forest on Wednesday

With 4,280 athletes poised to compete for 2.100 medals, Waltham Forest is once again at the centre of the world as it plays host to the London 2012 Paralympic Games.

The Games will see athletes compete in 20 different sports over the course of 11 days. There are more than 500 separate events, with many taking place at the Olympic Park. Waltham Forest will host the Wheelchair Tennis, which will take place at Eton Manor.

Along with watching the Paralympic events, there are a host of ways that you can get involved and things you can do to minimise any disruption to vour daily routine.

For Waltham Forest the excitement will begin with the Paralympic Torch Relay on Wednesday 29 August. Leyton will host a fantastic free family event as the borough welcomes the arrival of the torch.

The torch will make its way from Stoke Mandeville to

Centre. The Torchbearers and convov will travel to Levton Jubilee Park (Marsh Lane, E10 7DE) and arrive at around 7.30pm. The celebration event will take place between 5 and 9pm. Residents can enjoy a reduced rate fun fair, free sports activities and live stage performances. No ticket is required, so just come along with your friends and family.

As with the Olympic Games, there will be some changes to Council services during the Paralympic Games to ensure bins are emptied. streets are swept, meals on wheels are delivered and that residents receive the services they expect and rely on.

the Olympic Stadium visiting

other five host boroughs on

The relay in Waltham Forest

Waltham Forest and the

will begin at Lee Valley Ice

its iournev.

During the Paralympic Games the times residents have their rubbish and recycling collected will change.

From Monday 27 August to Friday 7 September collections will take place from 4am in Walthamstow, from 6am in Chingford and from 8pm in Levton and Levtonstone, So. remember your collection might not happen until the evening. Collection days remain the same.

As a Paralympic host borough, with Gamestime venues, Transport for London's Paralympic Route Network and LOCOG's parking restrictions all operating within Waltham Forest, some delays and disruptions are possible. The Council is asking residents to bear with them and keep an eve on the Council website for the latest service information.

More info

For more information visit www.walthamforest.gov. uk/2012. Free internet access is available at all libraries in the borough.



Eton Manor in Leyton will host the Wheelchair Tennis events

Forest Film Fest

Friday 31 August, 6.30-10.20pm

6.30pm Strangers on a Train (1951) - PG

Jaws (1975) - PG 8.10pm

Saturday 1 September, 12noon-10.20pm

Cool Runnings (1993) - PG 12noon **The Lion King** (1994) - U

Breakfast at Tiffany's (1961) - PG 3.15pm 5.30pm Indiana Jones and the Temple of Doom (1984) - PG

The Dark Knight (2008) - 12A 7.40pm

Sunday 2 September, 12noon-10.20pm

Up (2009) - U 12noon 1.40pm Finding Nemo (2003) - U 3.30pm Thor (2011) - 12A 5.45pm **Dirty Dancing** (1987) - 15 Avatar (2009) - 12A

Films may change at short notice due to licensing requirements which are out of the Council's control.

Waltham Forest Council is rolling out the red carpet for residents, offering a weekend's worth of cinematic treats at the Forest Film Fest, which takes place from Friday 31 August to Sunday 2 September.

A total of 12 films will be screened over the weekend featuring all-time favourites, recent blockbusters and brilliant Disney hits the whole family can enjoy.

The event takes place at Leyton Cricket Ground (High Road Leyton, E10 6PY) and food and drink will be available to buy on site. You can also have your own picnic but please do not bring any glass bottles or jars into the event.

This is the final Big 6 event and it's free to attend. So make sure you pop along and catch a flick with your friends and family.

The 'Big 6' was organised by the Council to help residents celebrate the Olympic Year and say 'thank you' for your understanding for some disruption during the Games. The Council aims to pay for these events through sponsorship and one off income generated by the Olympics.

More info

For more information visit www.walthamforestbig6. co.uk. Free internet access is available at all libraries in the borough.

Leader's view

CIIr Chris Robbins

Leader - Waltham Forest Council

As the borough's young people celebrate their A-level and GCSE results, Waltham Forest is gearing up to play host to the Paralympic Games.

We've had two weeks to recharge our batteries following the success of the Olympics and now



we're looking forward to welcoming visitors, athletes and officials from around the world to the borough for the Paralympics

Waltham Forest is home to the only new facility designed purely for Paralympic competition so the Games has special meaning for the borough's residents. Eton Manor is a permanent facility that will see more than 100 Paralympians competing for just six medals in wheelchair tennis.

We look to their performances to inspire a new generation of sports people in the borough, and with 21 year old Walthamstow resident, Lutalo Muhammad already winning an Olympic bronze in taekwondo, our expectations are high.

While the impact that the Olympic Games had on the borough's roads, transport networks and service was less than expected, we must still bear in mind that the area could get busier in the coming weeks. I ask that residents bear with us during this period, as they focus their attention on the world-class sport performances.

We've been able to capitalise on the Games and make the most of our Olympic Year. We've secured more than £22 million worth of investments into the borough's streets and open spaces, built a Construction Skills Centre to bring top quality training to residents and delivered a host of first class events through our Big 6 programme. We'll continue to build on this momentum to secure additional funding and encourage more residents to take up sport.

While the focus has been on the Games, our young people have seen their hard work in the class room pay off as they've found out their exam results. The borough's A-level pass rate was over 95 per cent while many schools saw improvements in the GCSE results, giving lots of students a reason to be proud.

Just like athletics, studying for exams takes a lot of commitment and dedication and I congratulate our students on their achievements. I wish them all the very best for the future.

Get involved

I'd like to hear from you. I have a page on the website where you can get more information and email me www.walthamforest.gov.uk/leader and you can write to me at the town hall.

In brief

Events at libraries

Over the next month Waltham Forest Libraries are covering a wide range of free 'taster' sessions, offering events and activities for all ages. The programme includes everything from family yoga, business workshops and puppet shows to poetry, Zumba, movies and more. On Thursday 30 August Walthamstow Library will host a special 'open mic' night called 'You're a Poet, Come and Show it,' which will offer all budding stars a five minute slot to perform poetry, deliver a comedy sketch or sing acapella. Places are limited to a first come, first serve basis with registration starting from 7pm. With so much going on this summer, there's no better time to be inspired and try something new. So why not see what activities are on offer at your nearest Library?

 Visit www.walthamforest.gov.uk/events and click on the 'Libraries' tab to find out what events are happening at your nearest library.



Olympic-themed family fun day

Families are invited to get into shape and attend a fun, Olympic-themed family day being held at Leyton Cricket Ground on Thursday 30 August. The free event will offer a selection of sports activities including running and hurdles. There will be gold, silver and bronze medals available as prizes. Children and young people aged between 8 and 16 are required to register to take part in the games between 10 and 10.30am for the morning session and between 1 and 1.30pm for afternoon sessions. Spectators can join in the additional fun activities such as cycle coaching, entertainment with Mrs Bubbles and face painting sessions. The event will be held between 10am and 4pm at Leyton Cricket County Ground (High Road Leyton, E10 5PW).

• For more information phone 020 8496 3000.

Judo coach needs your vote

A judo coach from Waltham Forest needs your votes to become the British Judo Association's 'coach of the year'. Ricky Haynes started the Kelmscott Judo Club back in 1981 and hasn't looked back since, teaching residents of all ages how to get their grapple on and training many of the club's current coaches from beginner to black belt status. Cabinet Member for Health and Wellbeing, Cllr Ahsan Khan, is encouraging local people to vote for Ricky. He said: "While London's still buzzing from Team GB's record medal haul we shouldn't forget that much of the country's sporting success relies on grassroots clubs and people like Ricky who volunteer their time for the good of the local community. I'd like residents to cast their vote now by way of a 'thank you' for all the time and hard work he's put into community sport in Waltham Forest."

• To vote for Ricky visit www.britishjudo.org.uk/vote. For more information on Kelmscott Judo Club email Ricky at richardjudo@aol.com. Free internet access is available at all libraries in the borough.



Olympic success for local man

- Lutalo Muhammad wins bronze medal at London 2012 Olympic Games
- Meet Lutalo at the Paralympic Torch Relay

Over the summer Waltham Forest's residents have been enjoying the spectacle of the London 2012 Olympic Games and all of Team GB's successes. And while hundreds of talented young sports men and women have been dreaming of their future sporting endeavours, one local man's Olympic dreams have already come true.

Lutalo Muhammad, who was born and raised in Walthamstow, is the first British man ever to win an Olympic medal for taekwondo.

Lutalo told Waltham Forest News: "I started taekwondo at the age of three when my father started teaching it at local schools. I obviously had a lot of energy and really took to it.

"I still have memories of being a kid and kicking about the house! My first competition was in 1999, when I was eight, and I won a silver medal."

The success continued when Lutalo became one of the youngest people in the UK to attain a taekwondo black belt aged just nine.

Lutalo adds: "I remember watching the TV and seeing taekwondo at the Sydney Olympics in 2000, the year it was first introduced as an Olympic sport. My dad asked me if I'd like to go to the Olympics as an athlete. I said yes, but never imagined that it would actually come true, and in my home city as well."

So how is life as Britain's first ever male Olympic taekwondo medallist?

"It has been a really wonderful experience to have been involved in the Olympics for the first time and to have won a bronze medal," said Lutalo.

"My phone has been ringing constantly, people have been stopping me in the street to congratulate me and I've been getting lots of tweets. The support has been wonderful.

"It has been a little bit overwhelming, but I am so happy that people have been so supportive of me and all of the Team GB athletes."

Lutalo lived in Walthamstow until last year, when he became a member of the GB Taekwondo team and moved to Manchester, where the team is based. He trains twice a day, and is also a third year student at Middlesex University, where he is studying for a degree.

Lutalo cites hard work and having good role models as the basis for his success.

He said: "I am blessed and thankful to have parents who have supported me with my studies and my sport. They put all their efforts into me; financially, giving their time and helping me train. My parents have been wonderful role models and if it wasn't for them, I wouldn't be where I am today.

"I'd like to encourage more young people to take part in sport, whether it's trying something for the first time, trying to improve in a sport they already do or just to keep fit."

Lutalo Muhammad will attend the Council's Paralympic Torch Relay celebration at Leyton Jubilee Park on Wednesday 29 August, where he will help welcome the Paralympic Torch.

More info

For more information on taekwondo visit www. britishtaekwondo.org. uk. Free internet access is available at all libraries in the borough.

Fact file

- 1991: Born 30 June, Walthamstow.
- 2008: Wins silver at the British National Championships.
- 2010: Claims a bronze medal in the under 80kg category at the Dutch Open.
- 2011: Joins the GB Taekwondo academy in Manchester. Wins silver at the Dutch Open, in the under 87kg, and bronze at the Croatia Open, this time at under 80kg.
- 2012: Collects silver from the German Open and bronze from the Dutch Open.
- May 2012: Wins gold at the European Championships at under 87kg. Selected by British Taekwondo for the under 80kg slot on the London 2012 Olympic squad.
- 10 August 2012 Wins Olympic bronze beating Arman Yeremyan of Armenia.

Advertising



Issue 75, 27 August 2012

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What's On



Forest Film Fest

Friday 31 August to Sunday 2 September Leyton Cricket Ground, Leyton E10 6PY See film favourites for all the family in a dramatic outdoor cinema. Showing times online now on the big6 website. www.walthamforestbig6.co.uk/ film-festival

Paralympic Torch Relay Celebration

Wednesday 29 August, 3-8pm
Leyton Jubilee Park, Marsh Lane,
E10 7DE. Come and welcome the
Paralympic Torch Relay at a fun
filled family event. There will be
lots of free activities, a large fun
fair with reduced rate rides and live
on-stage performances. No ticket
required -just turn up on the day,
using the Marsh Lane entrance.
For more information visit www.
walthamforestbig6.co.uk.

Sports and fitness

Egbertian Football

Days and times vary

Peter May Sports Centre, E17
The Egbertian FC run five Saturday teams and seek players aged 16
and over for the forthcoming season who are keen, enthusiastic and disciplined. Established in 1928, we are FA Charter Standard Adult Club accredited and are a well run and friendly club. For details of trial dates register online at www.egbertianfc.co.uk, email egbertianafc@yahoo.com or phone Dave Cross on 07943 570146.

Ladies tap dancing

Thursdays from 13 September, 1.15-2.15pm

St Edmund's Church, Chingford
Mount Road, E4. Tap dancing classes
- some experience required. £4 per
class. Phone Mandy on 07976
786404 or 01992 524681.

Flamenco dance class

Fridays from 7 September, 9.45am-12noon

Church Hill Dance Studios, 6 Church Hill, E17 3RY

Learn exciting flamenco dancing.
Technique class (beginners welcome)
9.45-10.45am. Advanced/improvers
class 11am-Noon. £5 per class or
£8 for both sessions. For more
information phone Vicki on 07757
644841 or email saborflamenco@
talktalk net.

Karate classes for all

Classes run seven days a week
Waltham Forest Pool and Track,
Larkswood Leisure Centre, The
Peter May Sports Centre and Forest
School. Come along for a free trial
Karate class for everyone at the
leisure centres listed above.
For more information visit www.
Karate-London.co.uk or phone
0845 4303 007.

Zumba Fitness with Chloe

Mondays, 7pm

Tumble in the Jungle, 245 Wood Street, E17 3NT. All levels of fitness and experience welcome! £5 drop in or £45 for 10 class pass. Other classes available in Walthamstow, contact me for more information. Phone Chloe on 07903 629 636, email chloe@dancechloe.com or visit www.DanceChloe.com.

Silverthorn Bowling

Saturdays, 10.30am-12.30pm
Ropers Avenue Ground, Chingford E4
9EJ. Join our free Saturday morning
beginners club. Young people's
groups for 11-18 years and parent/
adult groups. Coaches are qualified.
Don't be afraid to come alone. Please
wear flat shoes. No obligation to
join. For more information phone
020 8531 6619 or 020 8527 2919.

Tell us what's on

walthamforestnews@ walthamforest.gov.uk

Clubs and community

Weekly group for over 60s

Tuesdays, 1.30-3.30pm
The Mill, 7-11 Coppermill Lane, E17 7HA. Variety of activities, guest speakers, games, outings and more. £1 a week, refreshments included and rest of money goes towards providing trips. For more information contact Sue Clarke at The Mill. Phone 020 8521 3211 or visit www.themill-coppermill.org.

Adult Education Class: a people's history 1800-1900

Starts Tuesday 25 September, 7.30-9.30nm

Shem Hall Methodist Church Hall, Shemhall Street, E17 9HX. A small friendly 10-week class for adults interested in the Industrial Revolution, the daily life of the ordinary person and the organisation of the working class. No special knowledge assumed and no homework. Free if you are on income related benefits or £75 for the course.

To enrol/more information email walthamstowwea@yahoo.co.uk or phone 0800 328 1060.



Adult Education Class American Theatre: Tennessee Williams

Starts Tuesday 25 September, 10am -12noon

Greenleaf Centre, Greenleaf Road, E17 6QP. A selection of plays will be studied including Sweet Bird of Youth, A Street Car Named Desire, and The Glass Menagerie. Extracts from these plays will be read aloud and discussed. No experience necessary only an enthusiasm for studying the history and techniques of theatre with others. Ten week course. Free if you are on income related benefits or £75 for the course. To enrol/more information email walthamstowwea@yahoo.co.uk or phone 0800 328 1060.

College Amateur Operatic Society Caribbean Evening

Saturday 15 September, 7.30pm Waltham Forest College, Forest Road, E17. Join CAOS for a special Caribbean evening with traditional Caribbean food and music. Tickets £12 for adults and £6 for 16 and under. To buy tickets phone Jean Howard on 07941 050336.

Herbal Medicine workshops

Saturdays from 22 September, 2-3.30pm

The Mil, 7-11 Coppermill Lane, E17 7HA. A five-week course to learn about the magic of herbs. Information on herb recognition and gathering, our local herbs and their seasons and habitats. Learn simple home remedies and how to use medicinal plants to support your health and wellbeing and making your own herbal preparations. £5 per session or £20 for whole course if booked in advance. To find out more, or book a place, phone Rasheeqa on 07784 506 494 or email hedgeherbs@gmail.com.

Waltham Forest Diabetes Group

Tuesday 11 September, 7.15pmThe William Morris Centre, Greenleaf Road, Walthamstow

The group meets on the second Tuesday of every month. We have regular expert speakers and want to connect with more diabetics in the area. The speaker at the next meeting is Clency Payandanee, Podiatrist at Whipps Cross Hospital. For more information phone Brian Ray on 020 8504 9755.

Sunset over London - tower tours of St John's Church

Thursdays, start times vary
St John's Church, Leytonstone
Experience stunning views of the
local area, the Olympic Park and
the city skyline from this newlyrestored East London landmark.
After your trip up the tower, enjoy
fairtrade refreshments and live music
from local professional musicians
while you look around the church.
Admission £12.50 or £10 for groups
and concessions. £5 for 8-16 years
(sorry, no under 8s).

To book a space email bookings@ stjohnleytonstone.co.uk or phone 020 8257 2792.

Tell us what's on Call 020 8496 3000

Culture and crafts

Pyrography workshop for adults

Saturday 8 September, 9.45am-1pm

Chingford Horticultural Society
Hall, Larkshall Road, E4 6PE.
Workshop for beginners or improvers.



Pyrography is the technique of decorating wood or leather by burning a design on the surface with a heated metallic point. You do not have to be artistic. £25 per session. For more information, or to book, phone Janet on 020 8559 4424, email info@thewoodcrafter.co.uk or visit www.thewoodcrafter.co.uk.

Forest Poets exhibition

Saturday 1 – Sunday 16 September

William Morris Gallery, Forest Road, E17. Forest Poets will exhibit new poems at the William Morris Gallerv during the E17 Art Trail. The poems are based on the William Morris exhibition which tells the story of Morris's life, work and politics. Each poem will be displayed next to the exhibit they inspire. On Sunday 9 September the Forest Poets will guide you round the William Morris Gallery exhibition on a poetry tour at 11.30am and 2.30pm. Each tour will last approximately half an hour. Free. See the E17 Art Trail programme for details or phone Paul McGrane on 07950 618 911.



Free singing workshop

Sunday 9 September, 10am-4pm
Leyton County Cricket ground, E10
From folk to popular classics for
all ages with Christine Gwynn and
Frances Quintrell. A workshop
for anyone who loves to sing. No
experience needed. All songs taught
by ear. Join Waltham Forest Voices
and sing with us on stage at the
Leyton Day Festival. For more
details and to register, visit www.
choirsinwalthamforest.com or
phone Andrea on 020 8509 7222.

Creative writing with Brandon Robshaw

Monday 17 September – Monday 22 October, 7-9pm

Orford House Social Club, Orford Road, Walthamstow
A six-week course that will give you a chance to try your hand at writing genres from detective fiction to science fiction. Every session will include reading and discussion of examples of writing, writing exercises, and workshopping of drafts. Homework will be set between sessions. We welcome all

levels of writers to our courses. £90 for six-week course. To book email rochelle@mendham-writers,com or phone 07743 898043.



Guffaw Comedy

Thursday 6 September, 9pm prompt Ye Olde Rose and Crown Theatre Pub, Hoe Street, Walthamstow Dark humour from circuit favourite Carey Marx, Scottish actor and comedian Alan Francis and short spots from Brenda Gilholey and newcomer Sammy Stone. All held together by residents MC Susan Murray. Tickets £8.50 or £7.50 for concessions. To buy tickets in advance visit www.wegottickets.com/event/180591.

5 String Banjo classes

Wednesdays from 5 September, 6.30-7.30pm

The Quaker Meeting House, 1a Jewel Road, E17 4QU Private lessons also available from professional musician with over 20 years experience. For further information please phone Dick Smith on 07903 419691, email dickbanjosmith@gmail.com or visit www.banjosmith.co.uk.

Ukulele classesWednesdays and Saturdays from September

The Quaker Meeting House, 1a
Jewel Road, E17 4QU
Enrol now for new classes starting
in September. Beginners class on
Saturday mornings. £8 per class.
For further information please
phone Dick Smith on 07903
419691, email dickbanjosmith@
gmail.com or visit www.
banjosmith.co.uk.

Strung Out violin group for adults

Days and times vary according to ability

The Quaker Meeting House, 1a Jewel Road, E17 4QU. Strung Out is a fun violin group for adult enthusiasts of all levels, with a professional musician whose work spans from the West End to Womad. All styles of music welcomed from classical to traditional tunes. Fun is the key ingredient! All classes payable in advance by the term.

www.walthamforest.gov.uk

For more information phone Alison Jones on 07740 622 428, email info@shapeshifterproductions.com or visit www. shapeshifter-productions.com.



E17 Art Trail 2012 Saturday 1 to Sunday 16

Saturday 1 to Sunday 16 September

The theme for this year's E17 Art Trail is 'bestow' and during the trail hundreds of local artists and groups will be exhibiting their work around Walthamstow. The E17 Art Trail will open with a special launch event on Saturday 1 September. You can collect a copy of the guide to all events from libraries and participating venues including Penny Fielding Gallery and Interiors, The Mill, Arts and Crusts Café, Inky Cuttlefish Studios and Wood Street Indoor Market The full programme is also available on the E17 Art Trail website. For more information visit www.e17arttrail.co.uk.

Taking Part photography exhibition

Until Sunday 16 September, times vary

Walthamstow Library, High Street Walthamstow, F17 7JN, Taking Part by Image17 is now showing at Walthamstow Central Library. Displaying our biggest selection of 'Taking Part' to date, the exhibition explores an array of local sports by Image17, a collective of 13 photographers: Mark Burton, Claire Byrne I Idall Evans Dan Green Katherine Green, Paul Greenleaf, Fabien Ho, Matt Scandrett, Jo Sealy, Paula Smith, Matt Thompson, Nicola Tree and Simon Warren The exhibition is open Monday to Friday from 9am to 7pm; Saturdays from 9am to 6pm and Sundays from 10am to 4pm. Entry is free. For more information visit www. image17.co.uk.



Tell us what's on

walthamforestnews@ walthamforest.gov.uk

Children and young people

Pro Star Football Academy

Saturdays, 10-11am
Wednesdays, 5-6pm
Goals Soccer Centre, 3 Morrisons
Avenue, E4 8FM. Football session
for children aged three to five. £5
per session. For more information
phone 07539 009722 or email
prostarfootballacademy@live.co.uk.

E17 Junior Guitar Club

Saturdays, times vary
Hornbeam Centre, 458 Hoe Street,
E17 9AH. Guitar playing fun for
children of all abilities. Four different
levels with different sessions for
each. We perform regularly. Pay
£7(£5 beginners) for a taster session,
then £42 (£30 beginners) for a
half-term of six lessons. Lessons also
available at 4.30pm on Fridays. For
more information phone Christian

Karlsson on 07958 471 083, email chris@stunningmusic.com or visit www.stunningmusic.com.

Avola Dance Academy

Days and times vary
Shern Hall Methodist Church,
Shernhall Street, E17 9HX
Ballet, tap and freestyle dance
classes for school age children.
From £5 per week. Contact
Nicola on 07814781642 or email
avoladance@hotmail.co.uk.



Melody Movement Fridays from 7 September,

10.30am

Shern Hall Methodist Church, Shernhall St, Walthamstow, E17 9HX Melody Movement offers dance and movement for children from age 2. Each course lasts six weeks, and involves dance, movement, dressing up and music. Collect stickers to complete a work card, on completion of two courses, a medal is received. £4.50 per week. Places are limited to 8 per class, book now. Phone
Nicola on 07814781642 or email
avoladance@hotmail.co.uk.

Bongalong

Days and times vary

Sessions in Walthamstow and Chingford. Music, movement, instruments and make-believe for children under 5 and their carers. Term time only. Booking essential. For more information phone Fiona on 07811 460282 or email fiona. bongalong@gmail.com.

Wadham FC trials/ training

Wednesdays

Wadham Lodge/Matchday Centre, Kitchener Road, E17 4LL, Wadham FC is a FA Charter Standard Club, founded in 1966 and based at Wadham Lodge. We have teams from U7 to U16 years. We also are looking to start a new Under 7's team for next season. All our coaches are FA qualified/CRB/ First Aid. We train on Wednesdays and play in Sunday Leagues. If you would like to come along for a trial or attend a training session please call to book. For more information phone Paula on 07980 347772, email wadhamnews@aol.com or visit www.clubwebsite.co.uk/ wadham

Children and Young People's Directory

Compiled by the Council's Family Information Service (FIS), the directory gives free, impartial advice on childcare, general information on a wide range of services for children, young people and families and lists leisure and recreation activities of all kinds. For more information visit http://csd. walthamforest.gov.uk

Tell us what's on Call 020 8496 3000



Larkswood and Valley

Wednesday 31 August, 7-9pm The Brotherhood Hall, 2a Larkswood Road, E4 8LP

For more information on Community Ward Forums visit www.walthamforest.gov.uk/ community-ward-forums

Come and welcome the Paralympic Torch Relay

and celebrate the opening of Leyton Jubilee Park

(previously Marsh Lane Playing Fields) Marsh Lane, E10 7DE

Wednesday 29 August 5pm - 9pm

Access via Marsh Lane

The torch arrives approx 7.30pm

Don't miss local acts on stage **King Kash and Jodi-Ann Forrester**

with more acts to be confirmed





For more information visit www.walthamforestbig6.co.uk









Members of LOASS FC's disability team will compete at the Paralympic Games

Sports for all

- Sport participation in Waltham Forest boosted by the Games
- Could Britain's next generation of Paralympians be living in Waltham Forest?

So far the London 2012
Olympic and Paralympic
Games have proved
a huge inspiration to
Waltham Forest's budding
young athletes. Thousands
of people turned out to try
new sports at the Council's
Festival of Sport event and
attendance at sports clubs
and leisure centres has
soared.

And with the Paralympic Games just days away, Waltham Forest's next generation of Paralympic athletes could find the inspiration they have been looking for to try new sports.

There are several sports clubs in the borough that offer young people with disabilities a range of sports to try.

Waltham Forest News spoke to two of the local clubs.

LOASS Football Club,

based at Low Hall Sports Ground in Walthamstow, has an under 16s disability team that participates in the Essex FA Soccerbility League. This year two of their members will be competing in the London 2012 Paralympic Games.

John Abel, Disability
Football Development
Officer for LOASS FC, told
Waltham Forest News: "I'm
absolutely ecstatic for the
players that are involved in
the Paralympics. It's a brilliant
opportunity to show the world
what young people with
disabilities can achieve when
they are given the opportunity
to express their quality in
sport."

LOASS' aims are to make the game enjoyable and fun for young people with disabilities, to develop confident and skilful players

and to encourage good
has sportsmanship and behaviour.
am Waltham Forest Hockey

Waltham Forest Hockey Club offers free coaching sessions for young people with disabilities.

In May this year club member Pani Theodorou won the Active and Inclusive Ambassador Award at the Proactive Awards for Sport and Physical Activity for her efforts in setting up Forest Flyerz - the first pan-disability hockey section in the South of England.

Forest Flyerz is for children with any kind of disability, even if they have never played sport before. There are always plenty of volunteers on hand to make sure the children get the attention and support they need.

Pani Theodorou said: "Our sessions for children with disabilities have been great. It's so rewarding to coach and teach kids who don't usually have much access to physical activity. All the young people who have taken part have really loved learning to play.

"It is important for all children to have the same opportunities. The benefit of playing hockey is that it helps build social skills and confidence. It is a challenging team sport."

Waltham Forest Council's leisure centre operator GLL also saw an increase in numbers attending their annual summer disability programme.

The six day sports event was held over two weeks at Waltham Forest Pool and Track in August. It gave adults and children with disabilities the opportunity to participate in a fun multisport programme. Sessions included running and wheelchair events, shot putt, discus, javelin, boccia, kurling, table tennis, wheelchair basketball. 7-a-side football, goal ball, seated volleyball, handball and swimming sessions.

The numbers of children attending the event doubled this year and adult attendance, which has always been high, also increased considerably.

More info

For more information on LOASS phone John Abel on **07963 048019**. For more information on Forest Flyerz email **flyerz@ walthamforesthc.co.uk** or phone Pani Theodorou on **07985 109002**.



EDL march

Waltham Forest Council is calling on the Home Secretary to ban the EDL march that is set to take place in Walthamstow on Saturday 1 September - midway through the Paralympic Games. Originally the march had been scheduled for 18 August, but the Council worked with the Police to postpone the demonstration. While the Council supports freedom to protest in a peaceful way, it has continued to express concern due to the timing and the potential for violence. Residents are advised to stay away from the march and any counter demonstrations. Cllr Liaquat Ali said: "Waltham Forest is among the most diverse areas of London. We consider this to be one of the borough's key strengths, helping to give the area its unique sense of vibrancy. The EDL is targeting our community because of its diversity, but we are standing together and calling on the Home Secretary to ban any action by the EDL and groups whose main aim is to incite hatred against others. because of their religious belief, ethnic origin or sexual orientation. "A Community Cohesion meeting with the Police and community leaders will be held on Tuesday 28 August, where the Council will try to influence decision makers to stop the march. The Police are working to minimise the impact on the community.

E17 Art Trail

The annual E17 Art Trail returns to Walthamstow from Saturday 1 to Sunday 16 September, and the theme for this year's trail is 'Bestow'. The trail will include 350 exhibitions and events at 180 venues. This year over 3000 artists and makers will be taking part and sharing their work. The trail guide, which lists every exhibition and includes a handy map to help guide you around the events, is now available to download from the E17 Art Trail website. You can also pick up a paper copy from selected shops, pubs and cafes in Walthamstow. The trail will include arts and crafts; film; photography; painting, drawing, etching and much more. There will be walking and cycling tours of the trail and an information hub will be open in the foyer of Walthamstow Library on festival weekends. There is even an app for smartphones to help guide you round the trail.

 For more information visit www.e17arttrail.co.uk. Free internet access is available at all libraries in the borough.

Love Your Borough Awards 2013

Nominations will soon open for the Council's Love Your Borough Awards 2013, and residents are being urged to start planning who they would like to receive an award. The annual awards give the Council the opportunity to celebrate the work that residents, groups, businesses, charities and the Emergency Services do to improve the physical environment and quality of life for everyone in Waltham Forest. Whether it's a local residents' association that has spruced up streets, a sports coach who gives over their free time to get children involved in sports, a young person who helps others or someone who helps make our borough safer - we want you to tell us about them. Awards categories include Citizen of the Year, Volunteer of the Year and Uniformed Services Hero. Winners will be honoured at an awards ceremony in April and will win £250 in shopping vouchers.

• For more information visit www.walthamforest.gov.uk/love-your-borough or phone 020 8496 3000.



Forest Flyerz offers hockey coaching for young people with disabilities

Enrolling Now

CLaSS - Waltham Forest Adult Learning Service

Courses for Adults

Skills for Work 97 Queens Road Tel: 020 8496 2974 Levtonstone E11 4JF Tel: 020 8988 0555 Life and Work **Learning Centre** 3 The Square High Road Leyton Leyton E10 5NR Tel: 020 8558 6805 for 10am and 3pm Skills

Come and meet the team:

Queens Road Learning Centre Walthamstow E17 8QR

Monday, September 10th, 2012 10am - 4pm and 6pm - 8pm

Leytonstone Learning Link 23-25 North Birkbeck Road

Thursday, September 13th, 2012 10am - 4pm and 6pm - 8pm

Leyton Neighbourhood

Saturday, September 15th, 2012





Public Notices



Issue 75, 27 August 2012

www.walthamforest.gov.uk

Highways

LONDON BOROUGH OF WALTHAM FOREST **ROAD TRAFFIC REGULATION ACT 1984 - SECTION** 14(1) THE WALTHAM FOREST (VARIOUS ROADS, **WOODFORD AREA) (TEMPORARY PROHIBITION** OF TRAFFIC AND RESTRICTION ON WAITING AND LOADING) (NO. 1) ORDER 2012. TT18

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that it intends making an Order to enable water main works to be carried out in a safe and efficient manner in certain roads, the general effect of which would be, only at such times and to such extent as regulatory signs are displayed, to prohibit vehicles (except works vehicles) in certain roads and restrict waiting and loading by vehicles (except works vehicles) in certain roads. 2. Whilst the works are being carried out, no person shall cause or permit any vehicle to:

(a) enter, proceed, wait or load for any purpose, at any time, in the roads, or parts of roads listed in Schedule 1 to this Notice:

(b) wait or load for any purpose, at any time, in the roads, or

Definition

parts of roads listed in Schedule 2 to this Notice.

- 3. Whilst the prohibitions referred to in paragraph 2 above remain in force, alternative routes for traffic would be indicated by traffic signs.
- 4. Vehicles waiting or loading in disregard of this Order would be removed.
- relation to any vehicle being used
- (a) in connection with the said works: or (b) for ambulance, fire brigade or police purposes in an
- 6. The Order would come into operation on 17th September 2012 and would be valid for a maximum

in all roads but in a sequence as directed by the Council. Leaflets would be distributed and signage placed in advance of any works in the above mentioned roads which would give more specific details on the exact dates of the prohibitions, effects of any temporary traffic management and diversion routes as necessary.

Dated 27th August 2012

Public Realm, Low Hall, Argall Avenue, London, E10 7AS

5. The restrictions mentioned above would not apply in

- emergency, if the works allow.
- period of 6 months or until the works are completed, whichever is the sooner. NOTE: These works would not be carried out simultaneously

Mr K Valavan, Head of Highways and Infrastructure,

Road

Hoau	Definition
Borwick Avenue	Between its junction with Forest Road and its junction with Coleridge Road
Brookdale Road	Between its junction with Forest Road and its junction with Greenleaf Road
Campbell Road	Between its junction with Cottenham Road and its junction with Somers Road
Cedars Avenue	Between its junction with Sylvan Road and its junction with Hoe Street
Cleveland Park Avenue	Between its junction with Hatherly Road and its junction with High Street
Cleveland Park Crescent	All
Coleridge Road	Between its junction with Palmerston Road and its junction with Rosebank Grove
Cottenham Road	All
Edison Close	All
Eldon Road	Between its junction with Storey Road and its junction with Erskine Road
Elsmdale Road	Between its junction with Palmerston Road and its junction with Erskine Road
Erskine Road	Between its junction with Coleridge Road and its junction with High Street
Exeter Road	All
First Avenue	Between its junction with Hoe Street and its junction with Orford Road
Gainsford Road	Between its junction with Palmerston Road and its junction with Erskine Road
Gaywood Road	Between its junction with Forest Road and its junction with Hoe Street
Gillards Way	All
Greenleaf Road	Between its junction with Forest Road and its junction with Hoe Street
Hatherley Road	Between its junction with Erskine Road and its junction with Hoe Street
Hawthorne Road	Between its junction with Forest Road and its junction with Hoe Street
High Street	Between its junction with Palmerston Road and its junction with Hoe Street
Jewel Road	Between its junction with Forest Road and its junction with Hoe Street
Limewood Close	All
Lorne Road	Between its junction with Shrubland Road and its junction with Albert Road
Mansfield Road	Between its junction with Palmerston Road and its junction with Erskine Road
Melville Road	Between its junction with Erskine Road and its junction with Forest Road
Newport Road	All
Northcote Road	Between its junction with Pretoria Avenue and its junction with Palmerston Road
Osborne Grove	All
Osborne Mews	All
Palace Mews	All
Pearl Road	Between its junction with Forest Road and its junction with Jewel Road
Priory Avenue	Between its junction with Sylvan Road and its junction with Hoe Street
Rosebank Grove	Between its junction with Forest Road and its junction with Coleridge Road
Rosebank Villas	All
Ruby Road	Between its junction with Forest Road and its junction with Hoe Street
Russell Road	Between its junction with Forest Road and its junction with Coleridge Road
Second Avenue	Between its junction with Hoe Street and its junction with First Avenue
Shrubland Road	Between its junction with Edinburgh Road and its junction with Sylvan Road
Somers Road	All
Storey Road	All
Sylvan Road	Between its junction with Priory Avenue and its junction with Cedars Avenue
Third Avenue	Between its junction with Hoe Street and its junction with Stanhope Road
Andwer Mews	Between its junction with High Street and its junction with Selborne Road
Truro Road	Between its junction with Eldon Road and its junction with High Street

Definition Road Vernon Road Between its junction with High Street and its junction with Selborne Road Warner Road Between its junction with Pretoria Avenue and its junction with Northcote Road Westbury Road Between its junction with Cottenham Road and its junction with High Street Between its junction with Rosebank Grove and its junction with Forest Road Wolsey Avenue

Schedule 2

Road	Definition
Hoe Street	Between its junction with Forest Road and its junction with Orford Road
Palmerston Road	Between its junction with Forest Road and its junction with High Street
Selborne Road	Between its junction with Willow Walk and its junction with Hoe Street
Willow Walk	Between its junction with High Street and its junction with Selborne Road

LONDON BOROUGH OF WALTHAM FOREST PARALYMPIC TORCH RELAY: WEDNESDAY 29TH AUGUST 2012 THE WALTHAM FOREST ('PARALYMPIC TORCH RELAY' SPECIAL EVENT) (TEMPORARY PROHIBITION OF TRAFFIC) ORDER 2012 ROAD TRAFFIC REGULATION ACT 1984 - SECTION 16(A) -AS AMENDED BY THE ROAD TRAFFIC REGULATION (SPECIAL EVENTS) ACT 1994. TT17

- . The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that to facilitate the holding of a special event, namely the 'Paralympic Torch Relay' to be held on Wednesday 29th August 2012 in various roads it has made an Order, the general effect of which will be, only at such times and to such extent as regulatory traffic signs are displayed, to:-(a) close to vehicles (other than for access) between the hours of 3 p.m. and 10 p.m.:
- that length of Marsh Lane which lies between its junction with Church Road and Dagenham Brook:
- ii. that length of Seymour Road which lies between its junction with Clementina Road and its junction with Marsh Lane; (b) close to vehicles between the hours of 7 p.m. and 9 p.m. that length of the northbound carriageway of Orient Way which lies between its junction with Lea Bridge Road and its junction with Marshal Way and Gateway Road;

(c) extend the hours of operation of the existing waiting restrictions from between 7 a.m. and 7 p.m. to between 7 a.m. and 8 p.m. in that length of Lea Bridge Road which lies between its junction. with the south-eastern access road of the Lea Valley Ice Centre. and its junction with Argall Way and Orient Way;

(d) suspend the operation of the cycle lanes located:

- at the junction of Argall Way, Lea Bridge Road and Orient Way; ii. in Orient Way between its junction with Argall Way and lea Bridge Road and its junction with Marsh Lane
- 2. The restrictions mentioned above will not apply in relation to any vehicle being used -

(a) in connection with the said event; or (b) for ambulance, fire brigade or police purposes in an emergency, if the situation allows. 3. Whilst the prohibitions referred to in paragraph 1 above remain in force, alternative routes for traffic will be indicated by traffic signs. 4. The Order will come into force on Wednesday 29th August 2012 and will remain in force for one day.

Note: parking places located in that section of Marsh Lane as detailed above will also be suspended all day.

Dated 27th August 2012

K. Valavan, Head of Highways and Infrastructure, Low Hall, Argall Avenue, London E10 7AS

LONDON BOROUGH OF WALTHAM FOREST PROPOSED INTRODUCTION OF WAITING **RESTRICTIONS AND PUFFIN CROSSING -**LARKSHALL ROAD

The Waltham Forest (Waiting and Loading Restrictions) (Amendment No. *) Order 201*. T24

- 1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest propose to make the abovementioned Order under sections 6 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as
- 2. The general effect of the Orders would be to introduce new waiting restrictions operating "at any time" into certain sections
- 3. NOTICE IS ALSO HEREBY GIVEN that under section 23 of the Road Traffic Regulation Act 1984, the Council intend to introduce a puffin crossing with zig zag markings into a section

of Larkshall Road. The zig-zag markings, which prohibit vehicles from stopping at any time for any reason would be introduced on both sides of the carriageway between a point 6 metres north of the northern kerb-line of Jubilee Avenue and a point 43 metres south of the southern kerb-line of Jubilee Avenue. 4. Copies of the Order, the Council's statement of reasons for proposing to make the Order and of plans showing the location and effect of the Order can be inspected during normal office hours on Mondays to Eridays inclusive until the end. of a period of 6 weeks from the date on which the Order is made or the Council decides not to make the Order, at (a) the Information Desk, Town Hall, Forest Road, Walthamstow, E17 The Reception Desk and (b) the London Borough of Waltham Forest, Low Hall, Argall Avenue, London, E10 7AS. 5. Any person desiring to object to the Order or to make any other representation should send a statement in writing of either their objection and the grounds thereof or of their representation to Traffic Orders, Engineering Design, Low Hall, Argall Avenue, London, E10 7AS, quoting reference T24, by the end of a period of 21 days from the date on which this Notice is published. All objections must specify the grounds on which they are made. For more information please telephone 020

Dated 27th August 2012

Mr. K. Valavan. Head of Highways and Infrastructure. Public Realm, Low Hall, Argall Avenue, London, E10 7AS

8496 3000, quoting reference Traffic Orders T24.

LONDON BOROUGH OF WALTHAM FOREST LEYTONSTONE EAST CONTROLLED PARKING ZONE - AMENDMENT OF CONTROLLED HOURS AND EXTENSION INTO THE BUSHWOOD AREA OF LEYTONSTONE

The Waltham Forest (Leytonstone East) (Parking Places) (Amendment No. 1) Order 2012 The Waltham Forest (Waiting and Loading Restriction) (Amendment No. 22) Order 2012. T22(1)

- 1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest on 24th August 2012 made the above-mentioned Orders under sections 6, 45 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.
- 2. The general effect of the Orders will be to indefinitely continue the provisions of the experimental Orders which amended the controlled hours of the Leytonstone Controlled Parking Zone and extended the boundary of the zone into the Bushwood area of Leytonstone.
- 3. Copies of the Orders, which will come into operation on 10th September 2012 and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at: (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) Low Hall, Argall Avenue, London, E10 7AS.
- 4. Any person desiring to question the validity of either of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Orders may, within six weeks of the making of the Orders, make application for the purpose to the High Court.

Dated: 27th August 2012

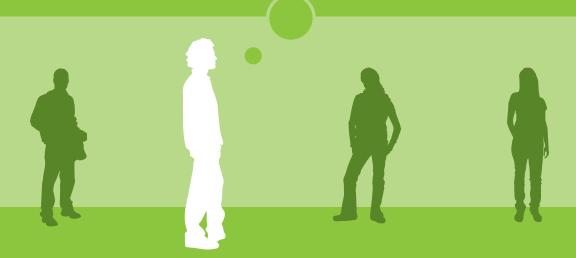
Mr. K. Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS



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